

Living From Within:

A Four-Weekend Journey Toward an Undivided Life

Oct. 24-26, 2008

Jan. 16-18, 2009

Apr. 24-26, 2009

Jun. 19-21, 2009

The more passionate we are about our work, the more vital it is that we take time to renew our own spirits—to reconnect with the wellsprings of our service to others.

In this year-long retreat, divided into four seasonal weekends, we will focus on the rejoining of soul and role, of reconnecting who we are with what we do. The focus is neither on techniques nor skills required in our work, but on renewing our inner lives.

Using solitary, small and large group formats, poetry, archetypal and personal stories, we will address basic life questions which, though they are personal and private, are often deeply instructive when shared in a “circle of trust.”

This retreat is open to those interested in participating in four seasonal weekends in which a “courage community” will form. In this environment of trust the deep work of soul is given voice. This is the approach which has proven transformational for numerous circles Marianne has led throughout the U.S., Australia, Canada, and Asia.

Journeying Toward an Undivided Life

New leadership is needed for new times, but it will not come from finding more wily ways to manipulate the external world. It will come as we who serve and teach and lead find the courage to take an inner journey toward both our shadow and our light—a journey that, faithfully pursued, will take us beyond ourselves to become healers of a wounded world.

— Parker J. Palmer

Autumn: 7:00 p.m. Friday, Oct. 24, 2008 to 1:30 p.m. on Sunday, Oct. 26, 2008

Winter: 7:00 p.m. Friday, Jan. 16, 2009 to 1:30 p.m. on Sunday, Jan. 18, 2009

Spring: 7:00 p.m. Friday, Apr. 24, 2009 to 1:30 p.m. on Sunday, Apr. 26, 2009

Summer: 7:00 p.m. Friday, Jun. 19, 2009 to 1:30 p.m. on Sunday, Jun. 21, 2009

Check in between 5:30 and 6:30 p.m.

Meals, private guest room, linens, and handouts will be provided. Bring footwear and clothing appropriate for the outdoors if you wish to walk the Reconciliation Labyrinth or the hiking trails.

Register online:

www.transformationscenter.org
or call 269.381.6290 ext. 310

Enrollment limited to the first
24 registrants.
Registration for Living From Within

Name _____

Address _____

City _____ State _____ Zip _____

Phone (Day) _____

Phone (Evening) _____

Profession _____

To receive a confirmation
please provide your e-mail address:

Pricing per Weekend: \$295/325

Register now thru 9/26/08: \$295
\$240 deposit (\$60 credit per weekend)

Register 9/27/08 thru 10/23/08: \$325
\$360 deposit (\$90 credit per weekend)

The non-refundable deposit is due upon registration. **A balance of \$235 is due on arrival each weekend.**

Amount Enclosed: _____

Make checks payable to Transformations.
Mail to:

Transformations
3427 Gull Rd., PO Box 02
Nazareth, MI 49074



Facilitated by:
Marianne
Novak Houston,
educator and
consultant with

the Center for Courage and Renewal
in Seattle, Washington.

Marianne Houston has a graduate degree in religious studies. She has worked with Dr. Parker J. Palmer, author of *Courage to Teach* and *Courage to Lead* since 1994 and helped develop the programs for spiritual development and transformation outlined in his books and to found the international formation movement. She is a senior advisor and facilitator with the Center for Courage and Renewal in Seattle, Washington. A teacher for more than 40 years, she now devotes full time to retreat facilitation and trains and mentors future formation facilitators in the U.S. and abroad.

*Being a part of a Circle
of Trust in a sacred space
provides a setting in which
to take a journey toward
wholeness.*

*...reconnecting who you
are with what you do.*

Congregation of the Sisters of St. Joseph

Transformations
SPIRITUALITY CENTER

3427 Gull Road • Nazareth, MI 49074
(M-43 just east of Kalamazoo)

Courage
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Toward an Undivided Life

Nonprofit Org.
U.S. Postage Paid
Kalamazoo, MI
Permit No. 01

2008/2009 Living From Within:

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Toward an Undivided Life

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Courage
**Teach
Lead
Live**

Facilitated by
Marianne Novak
Houston

Inspired by Parker J. Palmer

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