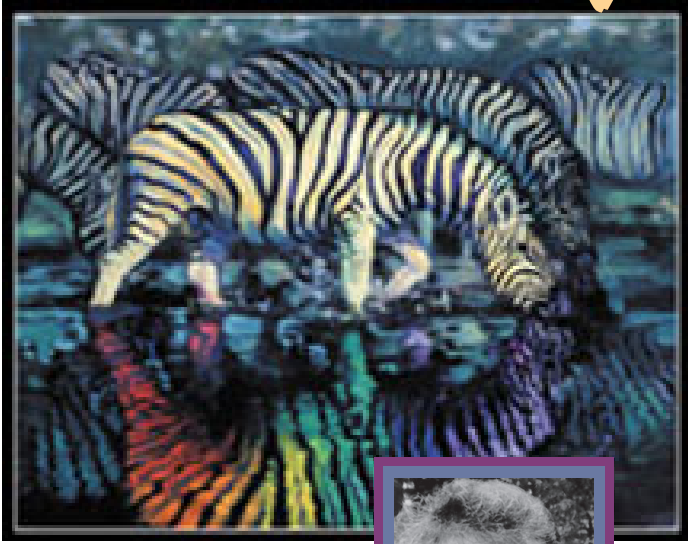


# Come *and* Paint

A Weekend Retreat



## Mary Southard, CSJ

*professional artist, well-known book illustrator and sculptor, believes profoundly in the wisdom and vital creativity stirring in creation and in each one of us. She brings to this workshop not only her artistic talents but her experience as an educator, retreat director and spiritual companion. Her joy is to be with others in their process of becoming. She is from LaGrange, Illinois.*

Friday, Saturday and Sunday  
**June 3-5, 2005**

**Begins Friday at 7 p.m.**  
**Ends Sunday at 4 p.m.**

During this three day retreat, painting is experienced as a way of prayer, as listening to one's deeper self, as learning to be more in tune with and trust one's own creative and spiritual energies. No background in art is expected or required. Both seasoned and beginning artists are welcome to participate. Retreatants are invited to engage in a creative process without competition, comparison, or expectations. We will explore and consider the sacred imagery of the human soul and share in the wonderful energy of being with others participating in their own holy adventure.

**\$200** - Cost includes materials, continental breakfast meals and double occupancy room. Artists, bring your favorite brushes and a smock. A \$100 non-refundable deposit will save your place in class. Balance due by May 15.

**Commuter option: \$135** commuter fee includes, lunches, snacks, materials and retreat. A \$50 non-refundable deposit saves your place in the class. Balance of \$85 due by May 15

**To register, call**  
**(269) 381-6290, Ext. 310**

**Transformations**  
 SSJ SPIRITUALITY CENTER  
 3427 Gull Road, Kalamazoo (just east of Kalamazoo)

**Register Now** Transformations Spirituality Center | PO Box 02, 3427 Gull Rd., Nazareth, MI  
 Come and Paint, Fri., Sat. & Sun., June 3-5

Mail or FAX (616 381-4616) the registration form, or call (269) 381-6290, Ext. 310.  
 Mail to: Transformations, 3427 Gull Road., Box 02, Nazareth, MI 49074. *Make checks payable to Transformations.*  
 If a program is cancelled, your fee will be refunded. otherwise, fees are nonrefundable.

Amount Enclosed: \_\_\_\_\_

\_\_\_\_\_ Name \_\_\_\_\_

\_\_\_\_\_ Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

\_\_\_\_\_ Phone (Day) \_\_\_\_\_ Phone (Evening) \_\_\_\_\_ Email \_\_\_\_\_