

TSC Patrons Newsletter

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• SPOTLIGHT:

New Fall Line Up!

TSC Center Walk Gallery

- Volunteer Opportunity at Transformations
- Upcoming Programs
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SPOTLIGHT

Now through Mid-September, the Center Walk Gallery will display prints and art pieces by Ministry of the Arts, Congregation of St. Joseph, LaGrange, IL

All the pieces displayed are for sale. If you are interested in purchasing something contact Sr. Betsy at ext. 246. Pieces will be available for pick up after September 21, 2008. Also visit www.ministryofthearts.org to view more.



BLESSING: *“May the Spirit of Wholeness be with you awakening healing power within. May the Spirit of Harmony restore rhythms of body, mind and spirit. May Love touch you, strengthen you and give you peace.”*



All in the circle are gathered as one with Spirit in their midst.



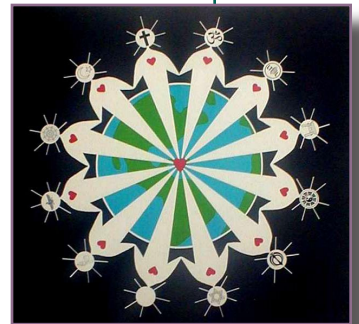
Dances of Universal Peace with Tom Holmes

Sunday, September 28

3 p.m. to 5:30

Cost: \$10 suggested donation

Dances of Universal Peace use simple music, lyrics, and movements to touch the spiritual essence within ourselves and others. No musical or dance experience of any kind is required and everyone is welcomed to join in. Participation, not presentation, is the focus. No special attire is required, although comfortable, loose-fitting clothing is best. Participants join hands forming a circle with the Dance leader and other musicians in the center. Throughout the evening, the leader teaches the group the words, melody, and movements for the next Dance and often provides some background history about that particular Dance. The teaching is always done from a compassionate heart in a comfortable, quiet, and often sacred setting.



Visit our web site to read about more programs with Tom Holmes

New Fall Programs

Jump over to our web site to read all about the new Fall Schedule.

See page two for a Schedule at a Glance.

TSC Patrons Newsletter

*Centering Prayer
free to all @
Transformations.
Tuesdays, @
12:15 p.m. Call
for info.
Read more about
the practice,
click these links:*

Resources

[How does one meditate](#)

[A history of modern contemplation](#)

[Sitting in silence](#)

[Cultivating inner space](#)

[Keating moved the movement](#)

[A Podcast with Fr. Keating](#)

THANK YOU FOR SHARING!

We hope you will forward this email newsletter to friends and colleagues. The programs are offered in an abbreviated form from our brochure to make it easy for you to "cut and paste" into your parish or office newsletter. And yet, handy links to our Web site give you an easy way to quickly read more details.

NOTE: To cut and paste, just highlight the text you want to use and click "edit," then "copy." Create a new email or Word document, place a cursor at the top and click "paste." And there it is! You might want to add: Transformations is located at 3427 Gull Road. To register call 269.381.6290 ext. 310.

Your help in sharing news about Transformations is appreciated.

Programs at a Glance

- Sep.** 3 Orientation Group Spiritual Direction
22 Community of Caregivers: Living the Stillpoint - *Marva Dawn*
28 Dances of Universal Peace - *Tom Holmes*
- Oct.** 4 Embracing Others with Knitted Prayer
Elizabeth Tompkins
4 Celebrating the Feast of St. Francis.
Ginny Jones, CSJ
14 Spiritual Literacy: *The Friendship of Women*
(10/14, 10/28, 11/11) *Gertrude Maurer, CSJ*
18 Seeing the Holy: Praying With and Through
Your Camera Lens *Christine Parks, CSJ*
24-26 Living from Within: The 2008/09 Journey
Begins - *Marianne Houston*
- Nov.** 15 Becoming Instruments of Peace
Tom Holmes
21-22 Yoga and Centering Prayer Retreat
Nancy Diment
30 Taize' Advent Vespers (12/7, 12/14,
12/21)
- Dec.** 6 Eliminating Self-Defeating Behaviors
Gregory Boothroyd
- Jan.** 14 Orientation Group Spiritual Direction
17 Awakened Heart/Peaceful Mind
Tom Holmes
22-23 Trinity Conference: Live Webcast and
Discussion
- Feb.** 16-20 Beyond Words: An Icon Painting Retreat
Diane Hamel
24 Spiritual Literacy: *Mystic Hope* (2/24, 3/10,
3/24) *Gertrude Maurer, CSJ*
25 Lenten Vespers (Six Wednesdays beginning
2/25)
28 How Do We Pray? *Christine Parks, CSJ*
- Mar.** 21 Celtic Blessings - A Journey
Frankie Dutil, CSJ and Betsy Meagher, CSJ
- Apr.** 2 Exploring the Spiritual Journey: Poetry
Conrad Hilberry and Jack Ridd
17-19 Women's 12-Step Retreat
Karen Anne Jackson, CSC
- May** 2 Seeing the Holy: Praying With and Through
Your Camera Lens *Christine Parks, CSJ*

TSC Patrons Newsletter

Living From Within:
A Four-Weekend Journey
Toward an Undivided Life

Courage
**TEACH
LEAD
LIVE**

Facilitated by
Marianne Novak Houston
Inspired by Parker J. Palmer

Autumn: 10/24/08 - 10/26/08

Winter: 01/16/09 - 01/18/09

Spring: 04/24/09 - 04/26/09

Summer: 06/19/09 - 06/21/09

2008/09 Pricing
\$295/Retreat

*Early Registration, thru
9/26/08*

\$325/Retreat
after 9/26/08

Living the Stillpoint:

Cultivating Peace in a Frenzied World

Monday, September 22, 2008 8 a.m. to 4 p.m.

7th Annual Caregivers Conference

Presented by: Dr. Marva J. Dawn

Internationally renowned theologian, author, and educator to host:

Experience the wholeness and joy that come from observing a rhythm of working and time for rest, worship, festivity, and relationships. Cost \$75 if registered by 8/22/08, \$90 thereafter.

This year's conference is presented by Dr. Marva J. Dawn and is for professional caregivers, such as nurses, clergy, social workers, therapists, hospice care workers, or anyone working with others in emotional, physical or personal crisis on a regular basis.

Thomas Merton, in a letter to an activist, pointed out a pervasive form of contemporary violence: "To allow oneself to be carried away by a multitude of conflicting concerns, to surrender to too many demands, to commit oneself to too many projects, to want to help everyone, is to succumb to violence."

We will explore alternatives to this frenzied pace that destroys our own inner capacity for peace.

Click for more information. [Register early, this conference sells out every year!](#)

What in the World?

July's correct answer was the stone wall surrounding Nazareth Campus - many people got this one right!

Kristin Fiore, of Kalamazoo is the lucky winner of the \$10 TSC Gift Certificate

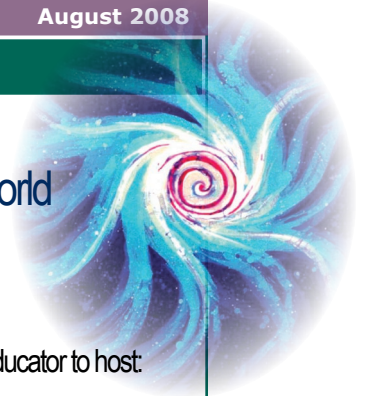


What in the World? August

Who will be our next lucky winner? Take a guess at what this object is and it could be you!

[Click to submit your guess.](#)

All entrants eligible for a drawing to **win a \$10 TSC Gift Certificate**. Entry deadline August 31, winner announced in next newsletter.



TSC Patrons Newsletter

How To Register . . .

- [Register Online](#)
- By Phone: 269.381.6290 ext. 310
- By Fax: 269.381.4616
- By Mail: 3427 Gull Rd.,
PO Box 02,
Nazareth, MI 49074

Note: *Your registration is not complete until payment is received.*

A place for...

Rental

CONFERENCES, RETREATS,
MEETINGS, WORKSHOPS
BANQUET & RECEPTION

Services

MEETING PLANNING ASSISTANCE,
REGISTRATION SERVICE, SET-UP AND
TAKE DOWN, AV EQUIPMENT RENTAL,
COMPLETE FOOD SERVICE

MEETING CAPACITY: UP TO 200

- 29 GUEST ROOMS (50+ CAPACITY)
- SINGLE OR DOUBLE OCCUPANCY
- AIR CONDITIONED
- 57 ACRES, WOODS AND TRAILS
- BREAK-OUT ROOMS
- REASONABLE RATES
- NONPROFIT AND FOR PROFIT GROUPS
- BARRIER FREE
- FITNESS CENTER AVAILABLE

Bring your group to Transformations

Are you in charge of finding someplace different to hold your conference, workshop or event?

Transformations Spirituality Center offers rental space for conferences, workshops, small meetings, recognition banquets, corporate receptions and corporate retreats. To the public we offer educational programs, planned retreats, spiritual direction and celebrations that are faith-based and interdenominational. Transformations is open to all who respect the quiet hospitality of the Congregation of St. Joseph.

Call now to schedule a Transformations Tour or book a space.

Click here for more information:



email: newsletter@transformationscenter.org
phone: 269.381.6290 x310
web: <http://www.transformationscenter.org>